



ExosTM Free Motion Ankle

Reduce Pain.
Restore Mobility.
Decrease Cost.



The Future of Ankle Bracing is Here

Exos Free Motion Ankle is the *first prefabricated Ankle Foot Orthosis that can be fully customized and formed to the patient* providing functional stabilization of the ankle-foot complex addressing bony abnormality, chronic instability and post trauma rehabilitation.

The Exos Free Motion Ankle presents a new orthopedic choice with a treatment option that is *moldable, reformable, removable, and adjustable*. This revolutionary technology allows a clinician to custom fit a brace within 30 minutes - minimizing time and cost while providing immediate results for the patient.

Patient Testimonial, Kevin

"The Exos Free Motion ankle helped decrease my foot pain and provided the support I needed for my weak ankle. I have worn several different orthotics and braces over the years and the Free Motion is the best I have used providing comfort, support and ease of use. Best of all, it gave me support without limiting my mobility when running, climbing stairs, or working out at the gym."

- EXOS Free Motion Ankle is an ideal solution for:**
- **Posterior Tibial Tendon Dysfunction (PTTD)**
 - Correct bony alignment & provide support in various planes of motion
 - **Chronic Ankle Instabilities**
 - Arthritis
 - Weak ankles due to ligament damage and over stressed ligaments
 - High ankle sprains
 - **Post-Trauma / Post-Op Rehabilitation**
 - Step down care following casting or walking boot
 - Controlled range-of-motion allows full functional management and faster return to activities



Exos™ Free Motion Ankle Brace

More than a brace. A difference in treatment.

Exos™ Free Motion Ankle. Groundbreaking, thermoformable material that can be reformed and reshaped as needed to conform with long-term injuries and disease progression.



Client Testimonial, Alicia, Certified Pedorthist

"Some of the things I love about the Exos Free Motion Ankle brace includes the ability to provide immediate pain relief for patients because it's formed to their anatomy while in the clinic, versus waiting 7-10 days for a custom AFO to be fabricated. Many patients have high deductibles and pay a significant amount out-of-pocket for custom bracing - so a prefabricated, thermo-formable brace that is less expensive is an incredible cost effective option for our patients. The unique design with free motion joints versus a solid AFO is ideal to help speed recovery time, and reduce muscle disuse and atrophy."



Now an anatomically formed ankle foot orthosis can be fit to a patient within 30 minutes to quickly help *alleviate pain and discomfort, restore mobility, and prevent progression of a deformity.*

Exos™ Free Motion Ankle

Ordering Information

| LEFT PART # | RIGHT PART # | DESCRIPTION | WOMEN'S SHOE SIZE | MEN'S SHOE SIZE | BRACE SIZE |
|-------------|--------------|-------------------------|-------------------|-----------------|------------|
| 80002-001 | 80002-002 | Exos™ Free Motion Ankle | 4 - 6 | - | XSmall |
| 80002-003 | 80002-004 | Exos™ Free Motion Ankle | 6 - 8 | 5 - 7 | Small |
| 80002-005 | 80002-006 | Exos™ Free Motion Ankle | 8 - 10 | 7 - 9 | Medium |
| 80002-007 | 80002-008 | Exos™ Free Motion Ankle | 10 - 13 | 9 - 12 | Large |
| 80002-009 | 80002-010 | Exos™ Free Motion Ankle | 13+ | 12 - 14 | XLarge |

Note: Fitting narrow or extra wide feet may require verification of stirrup length to ensure proper positioning of hinges.



| ACCESSORIES | | | |
|-------------|---|---------------------|-----------|
| LEFT PART # | RIGHT PART # | DESCRIPTION | SIZE |
| 809-1-010 | 809-1-020 | Plantar Surface Pad | XSmall |
| 809-1-030 | 809-1-040 | Plantar Surface Pad | Small |
| 809-1-050 | 809-1-060 | Plantar Surface Pad | Medium |
| 809-1-070 | 809-1-080 | Plantar Surface Pad | Large |
| 809-1-090 | 809-1-100 | Plantar Surface Pad | XLarge |
| 806-1-20 | Exos™ Free Motion Ankle Shields, PAIR | | Universal |
| 807-1-20 | Exos™ Free Motion Ankle Relief Pads, 5 EACH | | Universal |
| 800-OVEN-US | Exos Oven (New higher temperature Oven) | | |
| 800-ERK | Thermal Extension Ring Kit (for larger sizes) | | |
| 800-EHE-US | Oven Head Only | | |



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