Recovery

Empi Elite Helps Patients Rebuild Muscle Strength™

Recover Faster
Empi Elite’s intuitive design and toning to increase muscle strength, allowing the most demanding athletes to recover faster™

Co-contraction Therapy
Unlike standard neuromuscular stimulation devices, Empi Elite’s multi-channel prescription device allows for co-contraction therapies, so athletes can rebuild strength in multiple areas simultaneously™

Individual Channel Adjustment
Take control of your muscle strength with individual channel adjustments so that you can target the muscle groups you want

Non-Invasive & Non-Addictive
Safe and effective muscle rehabilitation treatment

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2. Relationship Between Intensity of Quadriceps Muscle Neuromuscular Electrical Stimulation and Strength Recovery After Total Knee Arthroplasty Jennifer E. Stevens-Lapsley, Jaclyn E. Balter, Pamela Wolfe, Donald G. Eckhoff, Robert S. Schwartz, Margaret Schenkman and Wendy M. Kohrt
4. Does Electric Stimulation of the Vastus Medialis Muscle Influence Rehabilitation After Total Knee Replacement? by Kyriakos Avramidis, MD, MSc, FRCS(Ed); Theofilos Karachalios, MD, DSc, PhD; Konstantinos Popotonasios, MD; Dimitrios Sacorafas, MD; Athanasios A. Papathanasiades, MD, PhD
6. Comparing Conventional Physical Therapy Rehabilitation With Neuromuscular Electrical Stimulation After TKA. Michael Levine, MD; Karen McElroy, MPT; Valerie Stakich, MPT; Jodie Cicco, DP

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<td>Snap Connectors (lead wires)</td>
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Empi Elite™
Neuromuscular Device

Rehab. Results. Compete.
Prescribe Rapid Recovery

Athletes Need Rapid Recovery From Injury

High-performance patients need high-performance solutions to recover from injury. Empi Elite is a four-channel neuromuscular stimulation device that improves recovery time by rebuilding muscle strength, improving range of motion and reducing muscle spasms following injury or surgery. Prescribe Empi Elite and get your patients back in competition.

Rehab.

Results.

The Clock is Ticking; Improve Recovery Time

For injured athletes, every day away from competition can hurt. Empi Elite is a neuromuscular stimulation device that delivers simultaneous contractions to increase muscle strength and help the most demanding athletes get back into competition faster.

Compete.

Designed Specifically for Recovery of Elite Athletes

The electrical stimulation is specifically designed to treat injured athletes. The device targets strength and maximizes recovery and rebuilding of muscle, and that means faster functional recovery. Whether your patients play football, baseball, basketball or soccer or are cyclists, runners, triathletes, sprinters, or other high-performance competitors, Empi Elite can help them rehab, get results and get back to competing.

Endurance Program: targets slow-twitch muscle fibers. Helps increase blood flow of muscles and establishes a working regimen for developing the oxidative power of the endurance muscle fibers.

Strength Program: targets fast-twitch muscle fibers and helps increase muscle strength.

Massage Program: helps clear lactic acid, increase blood flow, promotes muscle relaxation and enables faster recovery.

Empi Elite’s four channels allow for bilateral or co-contraction treatment options. Three preset, easy to use programs.

Empi Elite™ Neuromuscular Device

Help your athletic patients rehabilitate faster and get them back to doing what they do best – competing.